

Beef Vegetable Barley Soup
from Marcia Miller

1 lb. stew meat cut up
1/2 c chopped onion
1 clove garlic minced
7 c water
Canned tomatoes cut up
1/2 c barley uncooked
1/2 c chopped celery
1/2 c sliced carrots
2 beef bouillon cubes
1/2 tsp. dried basil
1 9oz. frozen mixed vegetables

Brown meat with onion and garlic. Drain.

Stir in remaining ingredients except frozen vegetables.

Cover and bring to a boil.

Reduce heat and simmer 50-60 minutes, stirring occasionally.

Add frozen vegetables and cook 10 minutes more or until vegetables are done.